Behavioral Health Advisory Council Pierre, South Dakota

August 16, 2018

Advisory Council Members

Jayne Parsons (Chair) Christy Alten-Osmera
Lois Knoke (Vice- Tiffany Wolfgang

Chair) Joyce Glynn
Dianna Marshall Wendy Figland
Ellen Washenberger Bernie Grimme Bryan Harberts
Jane York Jacquie Larson

Kristi Bunkers Ashlee Rathbun

Advisory Council Members
Absent:

Susan Sandgren
Emily Williams
Katherine Jaeger

Susan Kornder LeLewis Gipp
Chuck Frieberg Lorraine Polak

Jane Grant Roseann Peterson Olson

Division of Behavioral Health Staff Tiffany Glaser Melanie Boetel

Present: Jana Sprenger

Others in Attendance: Ken Cole Jason Simmons

Emily Kerr

Purpose

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

Minutes:

I. Call to Order / Welcome and Introductions

August 16, 2018 the Behavioral Health Advisory Council meeting was called to order. It was announced that Bryan Harberts has been appointed to the BHAC to fill the position held previously by Sheila Weber (representative of a psychiatric rehabilitation treatment program).

II. Review and Approval of Meeting Minutes

The Advisory Council reviewed and approved the June 2018 meeting minutes with no

proposed changes.

III. Human Services Center (HSC)

Ken Cole provided an update from HSC, which continues to average approximately four admissions per day. Filling vacancies for Registered Nurses and Mental Health Aids/Certified Nursing Assistants continue to be a challenge.

As part of the activities of the interim Mental Health Task Force, the legislative committee members toured HSC this month.

September is Suicide Prevention Month and HSC will have events and meetings in September that will be open to the public. For more information, please call 605.668.3100.

IV. Subcommittee Updates

Melanie Boetel and Jana Sprenger provided on overview of the following subcommittees.

Youth Suicide Prevention Project (YSPP)

The advisory council met via webinar Wednesday, August 15, 2018.

The Division of Behavioral Health (DBH) is working with the Department of Tribal Relations and Department of Health to promote a state-wide collaborative effort surrounding National Suicide Prevention Month in September. The DBH is also working in collaboration with the Helpline Center, local prevention coalitions, schools, and other community agencies to bring awareness to suicide prevention. Organizations may go to http://sdsuicideprevention.org to enter community events pertaining to suicide prevention in the month of September.

The Helpline Center in collaboration with the DBH will be hosting a (Collaborative Assessment and Management of Suicidality) CAMS training with the creator Dr. David Jobes, December 11th and 12th. Registration is limited to 50 people. There will be an additional CAMS Training in Aberdeen September 13th and applications are currently being accepted.

The Helpline Center is working with universities utilizing the crisis texting number on how to promote the program. The Helpline Center will also be providing Mental Health First Aid Training to some college students as well.

A letter will be sent to South Dakota High Schools regarding teacher certification requirements for suicide prevention. BeTheOneSD campaign sample materials will also be included with the letter to spark interest for additional orders.

At the request of the Rosebud Tribe, the Helpline Center traveled to Rosebud to discuss suicide prevention and help the community process through recent suicide attempts/deaths.

Mental Health First Aid Instructor Training will be held September 17th-19th in Sioux Falls.

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

The advisory council met via webinar Wednesday, August 15, 2018.

Phase I Implementation. SBIRT screening continues at all Cohort I clinic sites. Nearly 8,000 screenings have been conducted to date. Moving forward with Phase II/Cohort 2.

State Epidemiological Outcomes Workgroup (SEOW):

The advisory council met via webinar Wednesday, August 15, 2018.

The SEOW website is in the process of being finalized, including the data dashboard. The estimated completion date is October 2018. This will be shared with BHAC members at the November meeting.

Partnership for Success (PFS)

The advisory council met via webinar Thursday, August 16, 2018.

PFS Grant funding ends September 29, 2019 and the DBH continues to monitor SAMHSA grant announcements for potential funding opportunities.

V. Division of Behavioral Health Update

Community Behavioral Health

- Center for Substance Abuse and Treatment (CSAT) Site Visit
 Melanie Boetel announced Theresa Mitchell-Hampton, State Project Officer for CSAT will be conducting an informal site visit to September 11-13, 2018 in Sioux Falls.
- Substance Use Disorder (SUD) Telehealth Pilot

Melanie Boetel explained that telehealth services have been available through the Criminal Justice Initiative for some time now to reach more rural areas. Beginning September 2019, the DBH will pilot with additional SUD providers to utilize telehealth for assessment, screenings and individual/group sessions utilizing the current rate structure, with target date to roll out to all SUD providers January 2019.

Intensive Methamphetamine Treatment - Expansion Programs
 Melanie Boetel announced training in the Matrix Model, the primary EBP utilized in the IMT programs as recommended by the technical assistance consultants, was conducted in May which included a two-day training for clinicians and a one-day training for supervisors. The Matrix Model training will be offered again in October.

• Wait List / Access to Services

Melanie provided a brief overview of our state's current waitlist information for mental health and substance use disorder services.

 <u>Project AWARE-SEA (Advancing Wellness and Resiliency in Education – State</u> Education Agency Grant)

Melanie Boetel informed the Advisory Council that notification of award will be made in September 2018.

National Suicide Prevention Month

Jana Sprenger announced that a proclamation and press release will be made public for National Suicide Prevention Month in September. Also, a press release series will be delivered publicly highlighting high risk populations to include youth, older adults, farm/ranch workers, veterans and Native Americans. The Governor issued a press release calling on all communities to engage in Suicide Prevention Month. To view the video, please visit:

https://www.dropbox.com/s/qhu435fv1m8p4zw/18.8.9.PR.SuicideAwarenessMonth.mov?dl=0.

 <u>Juvenile Justice Reinvestment Initiative (JJRI) – Systems of Care (SOC)/</u> Substance Use Disorders (SUD)

Tiffany Glaser announced that in FY18, SOC targeted two rural areas where traditional JJRI services may have been difficult to provide or had greater need. In FY19, SOC will be expanding and adding additional coordinators in the state.

To expand SUD services through the JJRI, the DBH is currently reviewing some EBPs to determine appropriate programming to serve the Sioux Falls and Rapid City areas, which have been determined as the greatest areas of need per data collected.

Plans are in place to also implement telehealth services across the state. Aggression Replacement Training (ART) is now available through telehealth.

Criminal Justice Initiative (CJI)

Tiffany Glaser announced changes in providers for Moral Reconation Therapy (MRT) in Aberdeen and Pierre. Lutheran Social Services in Aberdeen provides MRT; Capital Area Counseling Service and South Dakota Urban Indian Health in Pierre provides MRT.

Opioid STR/SOR Grant

Tiffany Wolfgang announced that year two of the STR grant began in June. The STR committee met in July and the focus of year two will be on Medication Assisted Treatment (MAT). An Request for Proposal (RFP) has been issued and will close August 21st. The RFP consists of enhancing and supporting access to MAT across the state while also providing clinical support to all state providers. Additionally, another project in Year 2 is working with FaceltTogether to support their Peer Recovery model and to expand peer coaching services utilizing telehealth.

During year one, the STR committee outlined a strategic plan which accomplished the following:

1. Over 3,600 middle/high school students and over 800 community individuals participated in educational activities. A partnership with the Great Plains

- Health Board was established creating a specific campaign targeting Native American youth.
- 2. The creation of https://www.avoidopioidsd.com and the opioid resource hotline (1-800-920-4343).
- 3. A Listen and Learn was held in April. Currently webinars are occurring throughout summer for addiction counselors to learn more about MAT. A day-long conference will be held in September regarding MAT.
- 4. Funding to support medications for individuals through STR grant.
- 5. Issued mini grants to six entities to support training at the local level.

The DBH submitted the SOR grant application on August 13th.

VI. Other Topics Related to Behavioral Health Services

Tiffany Wolfgang provided on overview of the following:

 Oversight Council for Improving Criminal Justice Responses for Persons with Mental Illness

Thus far seven jails took part in the pilot program to screen individuals. 9,325 screenings were completed and 13% of the screenings indicated further assessment. For more information, please visit: https://boardsandcommissions.sd.gov/SearchResults.aspx?Letter=M.

- Public Safety Improvement Act (PSIA) Oversight Council
 The last meeting was held November 2017. For more information, please visit:
 https://boardsandcommissions.sd.gov/SearchResults.aspx?Letter=P.
- Juvenile Justice Public Safety Improvement Act (JJPSIA) Oversight Council
 The last meeting was held June 2018. For more information, please visit:
 https://boardsandcommissions.sd.gov/SearchResults.aspx?Letter=J.
- Mental Health Summer Study
 The first meeting was held June 2018. The second meeting was held August
 2018. Legislators have been provided education regarding mental illness and
 behaviors as well as a general overview of CMHCs and mental health services
 provided in SD. The next meeting will take a deeper look at suicide, west river
 MH access and budget. Plans include holding a total of 5-6 meetings to explore
 mental health services and needs. For more information, please visit:
 https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20">https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=20"

VII. Open Discussion/Council Member Updates

South Dakota Housing Development Authority

Lorraine Polak announced that the South Dakota Housing for Homeless Consortium's Coordinated Entry System (CES) will be live soon. The Helpline Center will be the designated Resource Center and physical access points will be spread across SD. Marketing material will be shared at the next meeting. For more information, please contact Lorraine at lorraine@sdhda.org or 605-773-3181. You may also visit: http://www.housingforthehomeless.org/services/coordinated-entry-system.html.

211 Helpline - Pierre/Ft. Pierre area

Ashlee Rathbun announced that with United Way funding, the 211 Helpline is coming to the Pierre/Ft. Pierre area with a launch date of December 1, 2018.

VIII. Public Comment / Testimony

No public comment or testimony received.

IX. Future Meetings

The next meeting is scheduled for the following:

• November 15, 2018 from 1:00 p.m. to 4:00 p.m. CST at RedRossa Italian Grille in Pierre.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

X. Adjourn

Meeting was adjourned.